

Wellness Room Policies

Please adhere to the below policies. Any questions can be directed to the Office of Student Affairs at law-studentlife@buffalo.edu

1. **The purpose of the wellness room is to unplug from electronics and schoolwork in a calm and quiet space.** Please use the space for relaxation, restoration, and to refill your own cup. Leave your personal belongings, backpack, etc. within the cubbies to decompress.
2. This is not a study space. For studying purposes, please feel free to study in the new sixth floor lobby space outside of the elevators, within the library, or any other location outside of the wellness room. No meetings or phone calls are allowed in the wellness room space.
3. The Wellness Room space is not reservable and may be used by multiple people at once. Aside from OSA wellness specific programming, such as yoga, meditation, the space is available on a first-come-first-serve basis.
4. **Food and beverages are not permitted** within the space. Any open containers and wrappers should be thrown out in a garbage can outside of the wellness room.
5. Although the 6th Floor Law Library is only accessible by swipe card access, please **do not leave any items in the space unattended.** We cannot control the many outside businesses that come into the law library for cleaning, maintenance, etc. The School of Law is not responsible for any missing items.
6. The Wellness Room is a gathering space for law faculty, staff, and students. Seating areas, Himalayan lamps, fidget toys, yoga mats, meditation seats, waterfalls, games, magazines, books, etc. are for all law faculty, staff, and students to use within the wellness room space. No items should be removed even if temporarily.
7. Please be respectful in using and maintaining the Wellness Room. **Please return all furniture to its original location if furniture was moved during use, and please return all items to their appropriate bins within the cubbies.**
8. The cleaning supplies are in the lounge areas, and they should be used after each use of the yoga mats.
9. Postering and Flyers are not permitted within the Wellness Room.
10. Do not play loud music inside the wellness room without earphones - it is a place for quiet time.
11. Faculty, staff, and students should never prop a door open, hold a door open or allow someone to enter a locked door behind them if they do not recognize the person. Safety within our school is paramount.
12. If the wellness room spaces are not respected, the materials or items may be removed.